

Helping Hearts Heal

*A support group for family members and friends
of someone who has lost their life due to an overdose*

Support ~ Compassion ~ Understanding

Share your experience with overdose

Grief at our Monthly Meetings

The first Thursday of every month

Yoga Haven Studios

3822 Conrad Road

(off of E 38th St near Pizza Hut)

7:00 p.m. – 8:30 p.m.



For more information, please contact

Pat Aberly (814)434-4072 or Lisa Edwards (814)392-4288